

REFERENCES:

- *NIH Mulberry leaf extract decreases digestion and absorption of starch in healthy subjects-A randomized, placebo-controlled, crossover study*
<https://pubmed.ncbi.nlm.nih.gov/28501729/>
- *ADA February 3, 2007 Mitchell Mudra, Nacide Ercan-Fang, Litao Zhong, MD, PHD Julie Furne, and Michael Levitt, MD*Address correspondence and reprint requests to Michael Levitt, MD, Research Office, Minneapolis VAMC, 1 Veterans Dr., Minneapolis, MN 55414
- *Journal of Drug and Food Analysis* December 01, 2017
<https://www.sciencedirect.com/science/article/pii/S1021949817302107>
- *United Graduate School of Agricultural Science, Tokyo University of Agriculture and Technology* - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2935155/>
- *BMC Administration of mulberry leaves maintains pancreatic β -cell mass in obese mellitus mouse model*
<https://bmccomplementmedtherapies.biomedcentral.com/articles/10.1186/s12906-020-02933-4>
- *IJBOP Assessment of Morus alba (mulberry) leaves extract for anti-psychotic effect in rats*
<https://www.ijbop.com/index.php/ijbop/article/view/3587>
- Min-Jia Tan, Ji-Ming Ye, Nigel Turner, Cordula Hohnen-Behrens, Chang-Qiang Ke, Chun-Ping Tang, Tong Chen, Hans-Christoph Weiss, Ernst-Rudolf Gesing, Alex Rowland, David E. James, Yang Ye *AntiT2D Activities of Triterpenoids Isolated from Bitter Melon Associated with Activation of the AMPK Pathway* *Chemistry & Biology*, Volume 15, Issue 5, 19 May 2008, Pages 520
<https://www.sciencedirect.com/topics/pharmacology-toxicology-and-pharmaceutical-science/momordica-charantia>
- *University Of Georgia*
<https://onlinelibrary.wiley.com/doi/full/10.1038/oby.2007.24>